

Checklist for Attending In-Person Events at MVPC

Vaccines:

- MVPC strongly encourages all eligible persons age 12 and over to be vaccinated against Covid-19.
- If you are not fully vaccinated, for your health and the health of our community, we invite you to use our online options rather than coming into the building or attending indoor gatherings in person.

Masks:

- Are required for all groups at all times. We recommend N-95 or KN-95 masks which we have available.

Screening:

If you answer YES to any of the questions below, please return home, use our online options for worship, and promptly check with your health care professional.

1. In the past 5 days have you had:

- Fever of 100 degrees or higher
- Cough or congestion
- Sore throat
- Persistent tightness or heaviness in the chest
- New loss of sense of taste or smell
- Any of the following symptoms (not caused by another known condition): shortness of breath or difficulty breathing, chills, muscle pain, headache, nausea or vomiting, diarrhea

2. In the past 14 days have you been around anyone currently ill with Covid-19, or with the above symptoms?
3. In the past 14 days has a healthcare professional told you to self-monitor, isolate, or quarantine because of concerns about a possible exposure or infection?
4. Have you had a positive Covid-19 test in the past 10 days, or are you awaiting results from a test?

Thank you for doing your part to keep the congregation and the community healthy!